

# Making an Impact Together

## HRET

HEALTH RESEARCH &  
EDUCATIONAL TRUST  
In Partnership with AHA



HRET 2012 Annual Report

## Health Research & Educational Trust Making an Impact in 2012

In 2012, the health care field was again challenged by political, economic and social pressures to provide better health care with fewer resources. Hospitals and health systems responded and made continuous quality improvement part of their core mission and it demonstrated success before the public. The Health Research & Educational Trust (HRET), the research and educational affiliate of the American Hospital Association (AHA), supports the field's work. Our vision to leverage research and education to create a society of healthy communities, where all individuals reach their highest potential for health, supports today's performance improvement call.

In partnership with the AHA, its affiliates, national stakeholders, allied hospital associations and our funders, we continue to impact the field. Using *Hospitals in Pursuit of Excellence*, the AHA's strategic platform to accelerate performance improvement in health care, we released 13 guides in 2012, covering topics that include readiness for accountable care, health care disparities and palliative care services. In addition, national engagement efforts like the Hospital Engagement Network and Comprehensive Unit-based Safety Programs have resulted in better care practices, more lives saved and cost savings.

HRET, which rapidly grew to a 65-plus-member team, is also committed to continuous performance improvement within our organization using the Malcolm Baldrige national criteria. This year, we were a recipient of the 2012 Bronze Award for "Commitment to Excellence" by the Illinois Performance Excellence for demonstrating earnest efforts to adopt and apply continuous improvement principles, using the Baldrige Criteria for Performance Excellence. This recognition and our quality journey strengthened our ability to serve our customers, partners and constituencies.

In 2013, hospitals and health systems will be called upon again to advance the work they do for communities and the care they provide to patients. HRET stands ready to help and commit to improving the overall delivery of care. Thank you for *your work* and the opportunity to collaborate with you as we strive for excellence.







**Michael G. Rock, MD, Chair**  
Chief Medical Officer  
Mayo Clinic Hospitals/Mayo Foundation



**Maulik S. Joshi, DrPH**  
President  
Health Research & Educational Trust  
Senior Vice President of Research  
American Hospital Association

## At a Glance: Making an Impact in 2012

<p>➔ The Centers for Medicare &amp; Medicaid Services awarded HRET a two-year \$79 million contract to support the <b>Partnership for Patients</b> program. HRET's contract includes 31 state hospital associations and nearly 1,600 hospitals.</p>	<p>➔ Findings from the <b>2012 Employer Health Benefits Annual Survey</b> were released in 2012 highlighting employers' experiences with several provisions of the Patient Protection and Affordable Care Act and increases in health insurance premiums.</p>
	<p>➔ <b>On the CUSP: Stop CAUTI</b> trained more than 1,200 people through in-person learning sessions and more than 4,500 on conference calls or webinars.</p>
<p>➔ <b>On the CUSP: Stop CLABSI</b> reduced infections by 40 percent. On the CUSP: Stop BSI estimated to have saved 294 to 613 deaths, assuming a 25 percent CLABSI mortality rate with an estimated \$89,909,566 to \$238,426,030 in excess cost averted to date (figures projected to increase over time).</p>	
<p>➔ For the <b>NCLABSI</b> project, more than 17,000 central lines were placed. More than 127,000 maintenance notes were logged representing more than 8,400 unique patients. CLABSI rates decreased from 2.043 at baseline to 0.0855 in August 2012, a 58 percent relative reduction. During the course of the study, an estimated 131 infections were prevented, which translates to an estimated 14 to 41 prevented deaths and more than \$2.2 million in costs averted.</p>	<p>➔ The <b>Agency for Healthcare Research and Quality</b> awarded HRET and its partners a two-year contract to develop and use resources that will reduce infections in dialysis facilities.</p>
<p>➔ The <b>Agency for Healthcare Research and Quality</b> awarded HRET two separate two-year contracts to reduce surgical site infections and other surgical complications as well as improve patient care in the primary care setting by strengthening teamwork among primary care teams.</p>	<p>➔ <b>TeamSTEPPS</b> held a conference last June in Nashville, Tennessee that hosted 400 members of both the military and civilian health care world.</p>
	<p>➔ <b>Eight Hospitals in Pursuit of Excellence</b> webinars reached more than 1,600 participants.</p>

<p>➔ 42,999 downloads of <b>HPOE</b> guides.</p>		<p>➔ 3,162 downloads of the top five <b>HPOE</b> case studies.</p>
	<p>➔ 29 fellows in the 11th class of the <b>AHA-NPSF Comprehensive Patient Safety Leadership Fellowship</b> were recognized and honored. There are more than 300 Fellows from the AHA-NPSF Comprehensive Patient Safety Leadership Fellowship program.</p>	
<p>➔ The <b>Health Care Transformation Fellowship</b> selected 16 senior executives to participate in its 2012 fellowship class.</p>		<p>➔ The 2012 <b>TRUST Award</b> recipient was Maureen Bisognano, president and CEO of the Institute for Healthcare Improvement.</p>
	<p>➔ Commemorating the 10<sup>th</sup> anniversary of the <b>TRUST Award</b>, past recipients shared insights about past accomplishments and predictions about the next 10 years.</p>	
<p>➔ Nearly 800 hospitals attended in-person workshops or participated in the <b>Patient Safety Learning Networks</b> project.</p>		<p>➔ HRET was awarded the Bronze Award from the <b>Illinois Performance Excellence</b> for Commitment to Excellence.</p>
	<p>➔ <b>Equityofcare.org</b>, a new website that provides free best practices, case studies and updates on national collaborative efforts to eliminate health care disparities, was launched.</p>	
<p>➔ HRET Provided an update to the <b>HRET Disparities Toolkit</b> to reflect recent changes from the Affordable Care Act. The publication was downloaded more than 17,000 times.</p>		<p>➔ Award recipient in the <b>MarCom Awards</b> competition for our Equity of Care of newsletter</p>
	<p>➔ HRET produced a video to highlight the one-year progress report of the <b>National Call to Action to Eliminate Health Care Disparities</b> and its founding partners – Association of American Medical Colleges, American College of Healthcare Executives, American Hospital Association, Catholic Health Association of the United States and the National Association of Public Hospital .</p>	

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